

Summer 2018

Swim Lessons

The Swim lesson program at CSTC has undergone a bit of a makeover. Since there were so many young/novice swimmers who participated in swim team last summer, it was decided that more cohesion was needed between our swim lesson program and our swim team.

To champion this task the CSTC board started by seeking out someone capable of bringing these two programs together. CSTC is proud to announce that Shayna Hollander has been hired as the new Head Swim Team Coach & Swim Lesson Coordinator. Shay is no stranger to the pool. She is a lifetime swimmer, a member of both Cranford Gators and The Mount Saint Mary Varsity Swim Team. Shay has qualified for and competed on the national level; she holds many state and high school records and will be swimming for Duke this fall. Shayna holds current lifeguarding certification along with current WSI certification. She is eager to get in the pool and begin work with the CSTC staff and all its young swimmers!

This summer swim lessons will be as follows

- There will be 4 different levels, all 4 geared to get your child comfortable in the pool, able to pass the CSTC swim test and if he or she chooses, able to participate successfully on the CSTC swim team.
- Lessons will be offered in 2 week increments starting Monday, 6/25 and finishing up on Friday, 8/3.
- Lessons will be \$50 per 2 week session per child and the lessons will meet 9 times in the 2 weeks.
- Level descriptions can be found below, Levels 1&2 will be a 30 minute class and Levels 3&4 will be a 45 minute class.
- A minimum of 3 students will be needed to run each class and a max of 8 students will be taken in each class.
- Adding extra sections of a level will be at the discretion of the Swim Lesson Coordinator.
- Private lessons will also be available at a rate of \$25 per child per ½ hour session.
- A list of qualified instructors can be found at the front office along with all group & private lesson registration forms.